

# Calvary Chapel of El Cajon Women's Bible Studies

## Ephesians 6:10-13

### Lesson 14

One of the first truths a new believer discovers is that the Christian life is a battlefield. She quickly learns that she is no match, in her own strength, for the enemy she faces. Praise God that He has not left us without the means to fight and the promise that, if we use the means (put on the armor He has provided), we will experience victory. Onward Christian soldiers!

#### DAY ONE: Read Ephesians 6:10-13

1. Read through this week's verses using both your Observation Worksheet and another Bible translation or paraphrase. After reading through these verses, what would you say to someone if they asked you what they were about?

a. Ephesians 6:10-13 is a portion of the paragraph division which includes verses 10-20. List below the subjects(s) covered in verses 10-13 only.

2. At the right-hand side of the **Chapter & Paragraph Division Titles Chart** are columns labeled **Key Word** and **Symbol**. They have been provided for you to record the key words and the symbol you have chosen to represent each one. Record the key words listed below and their symbols on the chart.

*God and Jesus (Lord)*

New to this lesson: underline in a different way the phrases: *whole armor of God* and *that you may be able to*

Term of conclusion: *Therefore*

Now, using the symbols you have chosen, mark each of the key words each time they are used in Ephesians 6:10-13. Remember, as you mark the words for *God* and *Jesus*, to mark any personal pronouns that refer to Them.

3. Read through this section and answer the following questions about *the armor of God*:

Who should put it on? (verse 10)

What will we be able to do when we put it on? (verse 11, 13)

Who do we *wrestle against*? (verse 12)

How much of it are we to *take up*? (verse 11,13)

## DAY TWO: Read Ephesians 6:10

1. Paul is drawing this incredible letter to a close. What word does he use in verse 10 to let us know he is wrapping things up?
2. What instruction does Paul write in this verse?
  - a. Who does he address this instruction to?
    - 1.) Why can't all people *be strong in the Lord*?
3. Using one word answers or short phrases, describe the *power of the Lord*.
4. As believers we know that the Lord is our strength. Yet, here we are commanded to *be strong in the Lord and the power of His might*. What do the following verses tell us about our part?

Deuteronomy 20:3

Joshua 1:6-9

1 Chronicles 28:20

1 Corinthians 16:13

- a. In your own words, explain our part in being *strong in the Lord and the power of His might*.

Challenge: Define the words *strong*, *power*, and *might* as they are used in Ephesians 6:10.

5. Read Philippians 4:13. What can the believer do *through Christ*?
  - a. How is the believer to apply this verse in her daily life?

### DAY THREE: Read Ephesians 6:11

1. The instruction to *put on the whole armor of God* is preceded by the instruction in verse 10. A believer must have the inner strength and will to fight before she clothes herself with spiritual armor on the outside. What could happen if a soldier put on battle gear before she had the heart to fight?
  
2. We are to *put on the whole armor of God*. Read Ephesians 6:14-17 and list the six pieces of armor we are to *put on*.
  - a. To aid you in remembering each piece, draw a stick figure and clothe her with each piece of armor. To allow enough room, draw your figure sideways.
  
3. According to Ephesians 6:11, why are we to *put on the whole armor of God*?
  - a. The word *wiles* can be defined as craftiness, deceitfulness, or trickery. What does Revelation 12:9 say about the *devil*?
    - 1.) As believers, we do not have to fall prey to the *wiles of the devil*. What assurance does 2 Corinthians 2:11 give us?
  
  - b. What *wiles* or methods of trickery have you seen the *devil* use in your life or in the lives of others?
    - 1.) Why do you think believers fall prey to the *wiles of the devil*?
  
4. What is the warning of 1 Peter 5:8?
  - a. How does knowing the *devil is seeking to devour* you cause you to see your need to *put on the whole armor of God*?

## DAY FOUR: Read Ephesians 6:12

1. The *armor of God* is not physical *armor*. It is spiritual *armor*. We must fight with *armor* appropriate for the battle. Why would physical *armor* fail to protect us in the battles we face spiritually? See verse 12.
  - a. What does 2 Corinthians 10:4 say about our *weapons of warfare*?
  
2. According to Ephesians 6:12, who do we *wrestle against*?
  - a.) What has Jesus done to these *powers*? (Colossians 1:13 and 2:15)
  
3. *Wrestling*, at the time this letter was written, was taken very seriously. When we consider that the loser in a Greek wrestling contest had his eyes gouged out resulting in blindness for the rest of his days, we can form some concept of the Ephesian Greek's reaction to Paul's illustration. Why is it important that we view *wrestling* against these spiritual powers very seriously?
  
4. Using Romans 13:12, contrast the works of the devil with God's armor.
  
5. The forces of evil are powerful. They are numerous. They are organized. They rule over darkness. They are wicked. Their power should be fearfully understood by the believer. Yet, we must never believe that we are without power to resist Him. Record the words of James 4:7 below:
  - a. Before we *resist the devil*, what must we do?
    - 1.) Describe what it means to *submit to God*?
  
6. Why is it important to know who our enemy is and what his intentions are before we go into battle?



## DAY SIX: Review Ephesians 6:10-13

1. The armor of God is designed to protect us. How do you/would you protect those you love from danger?
2. Why do Christians need to *put on the armor of God*?
3. Describe the intentions of our spiritual enemies.
4. In what way is the Christian life like a battle?
5. Ephesians 6:10-13 should whet our appetite to learn about the specific armor God has designed for us. What are you looking forward to learning about the *armor of God*?
6. In what ways have you been awakened to spiritual warfare by this lesson?

*I will call upon the LORD, who is worthy to be praised;  
So shall I be saved from my enemies.*

*- Psalm 18:3*